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MCDONOUGH
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CURRENT HEALTH CONDITION

NAME: _____ **DATE:** _____

Primary Complaint: _____

How would you describe the pain? (check all which apply)

☐ Dull ☐ Sharp ☐ Burning ☐ Stabbing ☐ Shooting ☐ Throbbing ☐ Stiff ☐ Aching ☐ Heavy ☐ Other _____

How would you rate severity of the pain?

☐ Mild ☐ Moderate ☐ Severe ☐ Very severe

Secondary Complaint: _____

How would you describe the pain? (check all which apply)

☐ Dull ☐ Sharp ☐ Burning ☐ Stabbing ☐ Shooting ☐ Throbbing ☐ Stiff ☐ Aching ☐ Heavy ☐ Other _____

How would you rate severity of the pain?

☐ Mild ☐ Moderate ☐ Severe ☐ Very severe

CHECK ANY OF THE FOLLOWING SYMPTOMS YOU CURRENTLY HAVE:

- ☐ **Neck:**
☐ Stiff ☐ Pain
- ☐ **Shoulder Pain**
☐ Left ☐ Right ☐ Both
- ☐ **Arm Pain**
☐ Left ☐ Right ☐ Both
- ☐ **Arm-Hand Numbness or Tingling**
☐ Left ☐ Right ☐ Both
- ☐ **Muscle spasm in Neck/Shoulders**

- ☐ **Mid-Back:**
☐ Stiff ☐ Pain
- ☐ **Pain Between Shoulders**
- ☐ **Chest-Rib Pain**
- ☐ **Shortness of Breath**
- ☐ **Muscle spasm in Mid-Back**
- ☐ **Tension**

- ☐ **Low-back:**
☐ Stiff ☐ Pain
- ☐ **Leg Pain**
☐ Left ☐ Right ☐ Both
- ☐ **Leg Numbness or Tingling**
☐ Left ☐ Right ☐ Both
- ☐ **Foot Numbness or Tingling**
☐ Left ☐ Right ☐ Both
- ☐ **Muscle spasm in Low-Back**
- ☐ **Buttock Pain/Sore**
- ☐ **Abdominal Cramps / Upset Stomach**
- ☐ **Excessive Gas / Flatulence**
- ☐ **Constipation**
- ☐ **Diarrhea**
- ☐ **Black / Bloody Stool**
- ☐ **Discolored Urine**

- ☐ **Headaches:**
- | | |
|--|---|
| <input type="checkbox"/> Constant | <input type="checkbox"/> Episodic |
| <input type="checkbox"/> Sharp | <input type="checkbox"/> Dull |
| <input type="checkbox"/> Aching | <input type="checkbox"/> Throbbing |
| <input type="checkbox"/> Dizzy | <input type="checkbox"/> Light-headed |
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Vomiting |
| <input type="checkbox"/> Fainting | <input type="checkbox"/> Forgetfulness |
| <input type="checkbox"/> Ringing in the ears | <input type="checkbox"/> Blurred vision |

How Would you Rate the Headaches?

☐ Mild ☐ Mod ☐ Severe

- General:**
- ☐ Sleeping problems
- ☐ Nervousness
- ☐ Fatigue
- ☐ Irritability
- ☐ Depression
- ☐ Excessive Thirst
- ☐ Difficult Chewing / Clicking Jaw
- ☐ Stomach pain
- ☐ Poor / Excessive Appetite

Other Problems

☐ _____
☐ _____

FEMALES ONLY:

☐ **Pregnant?**
☐ Yes ☐ No ☐ Not Sure

Date of Last Menstrual Period _____

Number of Children: _____

When Did This Condition Begin? _____

Have You Seen Other Doctors For This Condition: ☐ Yes ☐ No **Who?** _____

Drugs You Taking for THIS condition:

☐ Pain Killers ☐ Anti-inflammatory ☐ Muscle Relaxer ☐ Nerve Pills ☐ Other _____

Is This Condition Due to:

☐ Job Related ☐ Auto Accident ☐ Home Injury ☐ Fall ☐ Other: _____

If Job Related Have You Made a Report of Your Accident To Your Employer? ☐ Yes ☐ No _____

Occupation / Type of Work: _____

Work Activities: ☐ Sitting ☐ Standing ☐ Bending ☐ Stooping ☐ Twisting ☐ Light Labor ☐ Moderate Labor ☐ Heavy Labor

Exercise / Activities: ☐ None ☐ Moderate Activity (2-3x / week) ☐ Heavy Activity (4-7x / week) ☐ Weight Training ☐ High impact